# I'm A Counseling Intern

324 College Avenue ◆ Fort Collins, CO 80521 ◆ counselor@rams.colostate.edu 303-456-8910

### Education

Bachelor of Science, Psychology, Colorado State University, Fort Collins, CO Graduation: May 2014 GPA: 2.8

AmeriCorps Scholarship

## **Summary of Qualifications**

- ❖ 300 hours of hands on experience mentoring at risk youth in topics such as social skills, education, and cognitive rehabilitation.
- Experienced in coaching other students with mentoring at risk youth and writing up weekly progress reports.
- ❖ Able to maintain case notes and confidential client files.
- ❖ AmeriCorps service member and scholarship education award receiver.
- Ability to work in stressful situations requiring keeping a cool mind while problem solving
- CPR certified
- Knowledge of research skills and experience in research.
- Able to speak clearly in front of a crowd.
- Computer skills include Microsoft word, Excel, Microsoft office, and PowerPoint.
- Course work in Cognitive Psychology, Human Development, Cognitive Neuroscience, Social Psychology, and Mind, Brain and Behavior

## **Experience**

Colorado State University, Fort Collins, CO

#### Research Assistant

February 2013- Current

- Assistant PhD student with research focused on diversity in the workplace
- Gathered data from several other studies to help understand the positives and negatives of diversity in the workplace

Campus Corps

#### Mentor Coach

September 2012- Current

- Worked on and off-site with at risk youth ranging from 12-18 year olds
- Supervised other mentors and their relationship with their mentees.
- Completed 18 hours of mentor training
- Work with a diverse team of mentors, therapists, and caseworkers

### Teaching Assistant

September 2012- Current

- Work with students in General Psychology class to help them understand subject matter and assisted in creating four major exams
- Experience in grading paperwork
- Held office hours every week for general assistance and tutoring for students

# Other Employment

Mountain Kids Gymnastics and Dance, Fort Collins CO

**Dance instructor** Hobby Lobby, Highlands Ranch CO September 2012 - Current

Cashier May 2009-2011