

The Three R's



1. **READ**—*Pre Class*

- a. Outside assignments
- b. Reading notes
- c. Review previous lecture notes
- d. Bring right materials to class
- e. Arrive early and sit in the front and center
 - i. Harder to fall asleep, fewer distractions, material on board is easier to read

2. **RECORD**—*During Class*

- a. Watch speaker carefully
- b. Summarize notes in own words
- c. Listen for signal words—examples?
- d. Try hard to understand what the professor is saying
- e. Use different formats
 - i. Index cards, Cornell Format, outline form, color pens, draw pictures & diagrams, tape record

3. **REVIEW**—*After Class*

- a. Translates from short term to long term memory
 - i. Can forget up to 80% material within 24 hours
 - ii. Can forget up to 50% material within 1 hour!
- b. Rewrite notes with supplemental information
- c. Daily review of notes
- d. Attend SI to review

<u>“Do Your NOTES Have The Answer?” Workshop</u>	
Mon, Aug 29, 7 – 8 pm	Thurs, Sept 1, 6:30 -7:30 pm
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