

One Dimension of LEARNING STYLE: Barsch Perceptual Preference Form

Place the points indicated in the headings (5, 3 or 1) in the column after each statement that most closely describes you.

	Often(5)	Sometimes(3)	Seldom(1)		Often(5)	Sometimes(3)	Seldom(1)
1. Follow written directions better than oral directions.	_____	_____	_____	14. Learn to spell better by repeating the letters out loud than by writing the word on paper.	_____	_____	_____
2. Can remember more about a subject through listening than reading.	_____	_____	_____	15. Chew gum, snack, or smoke during studies.	_____	_____	_____
3. Bear down extremely hard when writing.	_____	_____	_____	16. Feel the best way to remember is to picture it in ones head.	_____	_____	_____
4. Like to write things down or take notes for visual review.	_____	_____	_____	17. Would rather listen to a good lecture or speech than read about the same material in a book.	_____	_____	_____
5. Require explanations of graphs, diagrams, or visual directions.	_____	_____	_____	18. Learn spelling by "finger spelling" the words.	_____	_____	_____
6. Enjoy working with tools.	_____	_____	_____	19. Are good at working and solving jigsaw puzzles.	_____	_____	_____
7. Are skillful and enjoy developing and making graphs and charts.	_____	_____	_____	20. Prefer listening to the news on the radio more than reading about it in the newspaper.	_____	_____	_____
8. Can tell if sounds match when presented with pairs of sounds.	_____	_____	_____	21. Grip objects in your hands during learning periods.	_____	_____	_____
9. Remember best by writing things down several times.	_____	_____	_____	22. Obtain information on an interesting subject by reading related materials.	_____	_____	_____
10. Can understand and follow directions on maps.	_____	_____	_____	23. Follow oral directions better than written ones.	_____	_____	_____
11. Do better at academic subjects by listening to tapes and lectures.	_____	_____	_____	24. Feel very comfortable touching others; hugging, handshaking, etc.	_____	_____	_____
12. Play with coins or keys in pockets.	_____	_____	_____				
13. Can better understand a news article by reading about it than by listening to it on the radio.	_____	_____	_____				

SCORING: **Often = 5 points**
 Sometimes = 3 points
 Seldom = 1 point

Place the point value on the line next to its corresponding item number. Next, sum the values to obtain your preference scores under each heading. The highest score indicates your learning style preference. The lowest score indicates your learning style weakness. (See back of this form)

1. _____	2. _____	3. _____
4. _____	5. _____	6. _____
7. _____	8. _____	9. _____
10. _____	11. _____	12. _____
13. _____	14. _____	15. _____
16. _____	17. _____	18. _____
19. _____	20. _____	21. _____
22. _____	23. _____	24. _____

Totals: _____ _____ _____

Visual - Points Auditory- Points Tactile- Points

Interpreting the Perceptual Preference Form

Your perceptual preference can indicate through which *channel to your brain* information flows most easily. Information that you receive through your preferred channels is more quickly understood and more easily remembered. Arrange your academic life to take advantage of your best channels.

If your highest total is for Visual (through your eyes)

You learn well from seeing the information in graphic form or as words in books, on the chalkboard, and in workbooks. You remember and understand information and instructions better if you read them or see them as visual representations using diagrams or colors. You don't need as much oral explanation as an auditory learner, and you can often learn alone, with a book or re-interpreting information into a visual representation. You should take notes of lectures and oral directions in word or diagram form to best understand and remember the information.

If your highest total is for Auditory (through your ears)

You learn from hearing words spoken, from oral explanations, or sounds. You may remember information by reading aloud or moving your lips as you read, especially when you are learning new material. You benefit from hearing audio tapes, lectures, and class discussions. You benefit from making tapes (like audio flash cards) of information to listen to, by teaching or discussing with other students, and by conversing with your teacher. Reading your lecture notes aloud while studying will also help.

If your highest total is for Tactile (through your body)

You learn best by experience or “hands-on” activity, by being involved physically in classroom experiences. You remember information well when you actively participate in activities, field trips, and role-playing in the classroom, or working on experiments in a laboratory, handling and building models, and touching and working with materials. Writing notes or instructions, or a combination of stimuli—for example, an audiotape combined with an activity (such as, listen to summary tapes you’ve made while you jog), or making flashcards--will help you understand and remember new material.

If your highest scores are in more than one area

You can learn in more than one way. Try combining study methods.

If you have a very low score in one area

You may have difficulty learning in that way. Direct your learning to your stronger styles by redirecting the information coming in on a weak channel to another channel, or studying information that came in on the weak channel using a stronger channel. For instance, a poor auditory learner should read or take notes on the book chapter first, before the lecture on that topic. Another solution might be to try to work on some of the skills to strengthen your learning style in the low area.